

□ 1: [Ann Med.](#) 1995 Oct;27(5):601-4. [Links](#)

New options in eradication of *Helicobacter pylori*.

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Better treatment options to eradicate *Helicobacter pylori* are needed, while we await a possible effective vaccine against the world's most common infection. The goals of therapy for *H. pylori* infection should be an effective and low-cost therapy with a low frequency of side-effects. The currently available eradication regimens are cumbersome, which can lead to a reduction of compliance and a lower efficacy. More recent studies have shown, however, that the duration of antimicrobial treatment may be shortened, which also makes the treatment more cost-effective and more tolerable. At this point it seems relevant to treat *H. pylori* infection first with some antisecretory modification of triple therapy, while the therapeutic failures can be treated with other more relevant and suitable alternatives. Metronidazole is still a cornerstone of triple therapy and the more expensive clarithromycin is an alternative second-line treatment. Time will show the effectiveness and suitability of the latest topical 1-day treatments.

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